CHARAK SAMHITA

LONG ESSAY

1. discuss the types & qualities of mamsa as a food variety
2. explain the features of different kaphaj mehas
3. describe ‘shad-upakramas’
4. explain concept of ‘vega dharan’
5. write about apasmara
6. shishira ritu charya
7. explain different types of agenya sweda
8. describe janapadadhwamsa rogas in detail
9. ahar vidhi visheshayatana
10. hemant ritu charya
11. define viruddha. Write its classification with examples
12. describe ashtsavidha ahara visheshayatana
13. krimi chikitsa
14. varsha ritu charya
15. how do you perform prastara sweda?
16. Briefly write about dasavidha pariksha
17. Types of vata & its function
18. Kushtha bhedas.
19. Vatavikar samanya chikitsa
20. Ahar parinamakar bhavas
21. Write the meaning of vatakalakaliya & explain vata dosha in detail along with its significance among tridoshas
22. Explain the significance of dasavidha sutra pariksha
23. What are the 13 types of swedana? Explain sankara-prastara-parisheka methods
24. Explain dasa vidha atur pariksha

SHORT ESSAY

1. Define martra pramana of food
2. Explain grades of bala in relation to ritu
3. What are manifestation due to mutra vega nigraha & its managements?
4. Define upashaya with examples?
5. Give the purva roopa of gulma
6. Explain the causes of pranavaha srotodushti
7. Detail samhanana pariksha
8. What is laxana nimitha types of rishta
9. Explain about krimis & their general principlas of treatment
10. Explain the arishta laxanas of raktapitta?
11. Trividha bala
12. Agrya sangrah
13. Khuddak chatuspada
14. Arishta laxanas of udara, shwasa & raktapitta
15. Types of samprapti
16. Dhatukshayaja yakshma
17. Prameha dravya sangrah
18. Nidanarthakar roga
19. General causes of srotodushti
20. Shleshmala person
21. write the ingredients of mutra virajaniya kshaya
22. write about kapha prakruti laxana
23. majjavaha sroto dushti
24. raktaj krimi laxanas
25. characters of a duta
26. purva roopas of prameha
27. indications of nasya karma
28. manasa doshas
29. rakta gulma
30. flower person
31. explain sarath ritucharya
32. write bahu dosha laxanas
33. write the clinical features of vathika sopha
34. what are the signs & symptoms of kaphaj prameha?
35. Explain sara pariksha
36. Pittaj unmad laxanas
37. Define arishta & write its classification
38. Write arishta purva roopas of rajyakshama
39. Write about vikruti swaras seen in arishta
40. Difference between chaya & prabha
41. write the ingredients of mutra sanghrahaniya kshaya
42. write about pitta prakruti laxana
43. udakavaha sroto dushti
44. performance of asmaghana sweda
45. ahar parinamakara bhava
46. purvaroopas of raj yakshma
47. person unfit for brimhana
48. rasa-dosha relation
49. vata prameha laxanas
50. kushta roga purva roopa
51. benefits of taila gandusha
52. write the laxanas of sukha sadhya rogas
53. explain pancha panchakas
54. define apasmara. Write its classification
55. what is nidan arthakar rogas
56. briefly explain anupana pariksha
57. describe the types of swapna
58. write a short note on gomaya churniya indriya
59. write arishta poorva roopa of rakta pitta
60. write two examples for sadyomarana laxanas
61. write the ingredients of jivaniaya kashaya
62. write about agantu sotha
63. rasavaha sroto dushti
64. charasters of an apta
65. karsha chikitsa in brief
66. vamana vidhi
67. how can we use dadhi?
68. Pitta jwara laxana
69. Rogasuchaka swapna
70. Asana mrityu laxana
71. What are ashta vidha mutra? Write about khara mutra & asva mutra
72. What is grishma ritu chayra
73. What is krichcha sadhya vyadhi?
74. Write about the treatment of karsya
75. Definition & types of langhana
76. Hetu & samprapti of vata jwara
77. Characters of raktaj gulma
78. Characters of kaphaj unamad
79. What is alasaka
80. What are chaya & prati chaya ?
81. Hitayu laxanas
82. Pancha vidha kashaya laxanas
83. Karsya chikistas
84. Shiro virechana dravyas
85. Ushna jala panam in jwara
86. Samanya nidan & laxanas of srotodushti
87. Ekadasha laxanas of yakshma
88. Prakruti – vikruti arishtam
89. Sadyomaraneeya laxanas
90. Prabahvam
91. Nanatmaj shleshmaj rogas
92. Prakrupita doshas to koshta margas
93. Sukha sadya vyadhi laxanas
94. Gandoosha gunas
95. Jwara samprapti
96. Jatharagni types
97. Prameha purvaroopas
98. Arishta suchika swapnas
99. Shubha duta laxanas
100. Tiktaskandha dravyas
101. Explain thw importance of chatushpada
102. Write the names of yavagu useful in GIT & respiratory tract disordes as per chapter-2 of sutra sthana
103. Write the routine to be followed in hemant ritucharya
104. Explain the role of ashtavidha ahara aayatana in maintenance of health
105. Explain prakrutis vikruti as explained in indriya sthana
106. Prashasta duta laxana
107. Write any 5 arishta laxanas to related to purvaroopa
108. Nirukta purysadhya sadhyata of raktapitta
109. Write the prameha nidan, types & chikitsa sutra
110. Write the nidana samprapti of unmade in detail
111. Vidradhi
112. Effects of anupana on the individual & the food
113. Rasayana vajikarana purvakarma
114. Describe visuchika & alasaka
115. What is the line of treatment of janapadodwamsa vyadhi?
116. Explain authoritative instruction (aptopadesha)
117. What are the cause of srotodushti?
118. How does vishamashana cause sosha roga?
119. Features ot dootha indicating imminent death
120. Characteristics features of epilepsy

SHORT ANSWERS

1. Give similar words to srotas.
2. Write tools for ‘rogi pareksha’
3. Akala mrityu.
4. Which are vikrit swara.
5. Describe ‘shrotra- arishta’.
6. Describe ‘arishta’.
7. What is deshanupatini prakruti.
8. Write 4 types of agni.
9. What is meant by term ‘rasa viman’
10. What is meant by term ‘samudaya prabhava’.
11. What does the mean ‘indriya sthan’ suggest?
12. Write about ikshu varga.
13. Write types of viruddha- anna.
14. Define ‘adan kala’.
15. Satwa sara purusha lakshana.
16. Vyayama guna.
17. Types of swapana.(dreams)
18. Sattwavajaya chikitisa.
19. Kapha kshaya lakshana.
20. Difference between unmada and apasmara.
21. Majja pradoshajaroga.
22. Four nidanas of sosharoga.
23. Name the four fats(sneha).
24. Define satmya.
25. Define samprapti and write its synonyms.
26. Define suddhrakta.
27. Cause of ojokshaya.
28. Defferentiate chaya from prabha.
29. Daiva vyapasraya chikitsa.
30. Paradya gunas.
31. Mala pradoshaja vyadhi.
32. Ashta doshas of sthoola.
33. Sanyasa.
34. Parihara viruddha.
35. Shad upakarmas.
36. Vidhi samprapti.
37. Gulma stahans.
38. Abhishanga jwara.
39. Agantu unmada.
40. Kakana kushta.
41. Nidans of swedavaha srotodushti.
42. Guru rogi- laghu rogi.
43. Asthisara purusha lakshana.
44. Padabhayanga guna.
45. Types of nidra.
46. Yukti vyapasaraya chikitsa.
47. Medoksaya lakshana.
48. Differnence between agantu and nijas vayadhis.
49. Mamsaprodoshaja roga.
50. Ojokshya lakshana.
51. Define sthapana.
52. What is meant by visarga kala and aadana kala.
53. Define upasaya and write its synonyms.
54. Write the gunas of kapha.
55. What is meant by parinama?
56. Write about chaya vikriti.
57. Ashta ninditheeyas.
58. Dasa vidha langahans.
59. Vischoochika.
60. Suddha rakta lakshana.
61. Sneha vicharanas.
62. Nanatmaja vyadhi.
63. Ksheera doshas.
64. Premeha pidakas.
65. Updravas of rakta pitta.
66. Poorva roopa.
67. Agantu jwara.
68. Rakta gulma.
69. Prathyaksha pareeksha.
70. Kushta poorva roopa.
71. Raktasara purusha laxana
72. Khara mutra & asva mutra
73. Gunasof a paricharak
74. Upasthambha traya
75. Rakta kshaya laxanas
76. Pitta vruddhi laxanas
77. Ashta vidha viryad
78. Define rakta pitta
79. Srotodushti laxanas
80. Name & define trividha dravya
81. Define poorva roopa & write its synonyms
82. Write the gunas of vata dosha
83. Name the place of vidradhi
84. Enumerate normal & abnormal varnas (colour) of skin
85. What is yukti?
86. Qualities of udvartana
87. What are the adhyatma dravya gunas?
88. Define phanta
89. Who are three different types of physicians?
90. Define dravya
91. Write the seats of udana vata
92. Nidanas of prameha
93. Principles of krimi treatment
94. Treatment of amadosha
95. Rasa sara laxanas
96. Brief characters of kapha of srotodushti?
97. Upadravas of rakta pitta
98. Trividha eshana
99. Laghana bedhas
100. Sotha upadravas
101. Doshagati
102. Satmyam
103. Arthaprapti
104. Visuchika laxanas
105. Vishamasanam & adhyasanam
106. Praticharya
107. Swara prakrutha-vikrutha arishtas
108. Kushtam-arishta laxanam
109. Grahanendriya arishta laxana
110. Sudda chikitsa
111. Pratimargam cha haranam raktapittam vidhiyathe
112. Pranabhisara
113. Atindriya gunas
114. Unmadam nirukti
115. Kushtam types
116. Prameha upadravas
117. Sohsa nidanam
118. Upashayam
119. Lahgu vyadhiya & guru vyadhita
120. Visuchika chikistha
121. Sparshaendriyam arishta laxanas
122. Ashubha sakunas
123. Arogya phalam
124. Prashasta datu laxanas
125. Srothendriya arishta laxanas
126. Write the name of 13 years
127. Write laxana & benefits of vyayam
128. Explain the concept pf pancha panchaka siddhanta
129. Write the types of nidra
130. Trividha roga marga
131. Explain panchavidha kashaya kalpana
132. Samanya- vishesha siddhanta
133. Pushipitake.
134. Differentiate b/w chay aand prabha.
135. Defne siddhantah.
136. Explain the purpose of vimansthan.
137. Write any 4 upardrava of raktapitta.
138. Write chikitsa sootra of navajwara.
139. Write the name of 5 stahna of gulma.
140. Nitya prayunjita ahara.
141. Predominance of mahabhuta in individual rasa(rasa).
142. Dravyam
143. Advantages of shodhana.
144. Position of the patient during vaman.
145. Vamanopoaga dravyas.
146. Anurasa.
147. Kushta nidanas.
148. Definition of arishta lakshana.
149. Ahara vidhi vishashayatanas.
150. Manas.
151. Action of madhura rasa.
152. Stawa sara purusha.
153. Yoga and moksha.